

Annual Report

2018

A summary of the activities and progress of the Alcohol Forum's work in reducing Alcohol harms.

alcoholforum.org



**alcohol
forum**
*Informing Nationally,
Delivering Locally*

Welcome To Our Annual Report 2018

To Explore Key Stories Of The Past Year
And Find Out More About What's In Store,
You Can Also Download Our Annual Report.

At Online: www.alcoholforum.org

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1. Introduction

CHAIRMAN'S STATEMENT - PAT HARVEY



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2018 has been a very significant year in having alcohol recognised as a significant public health issue nationally, The passing by the Oireachteas of the Public Health Alcohol Bill is a major step forward. The Alcohol Forum has supported with others the campaign to have this Bill enacted and has worked with ICANN the Irish Community Action on Alcohol network, to advocate and lobby on behalf of communities who want to change the relationship we have in this country with Alcohol. Despite significant opposition and lobbying from the industry I want to congratulate the Government on bringing this Bill forward, the challenge for the years ahead is to implement the provisions of the act as soon as possible. The Forum continues to work at a national level to inform and shape policy on areas such as Licencing, Fetal Alcohol Spectrum Disorder, and Community Action on Alcohol .

In order for us to achieve our mission it is important we have a Board that has the expertise and commitment to create and inspire change. I want to thank all our directors and in particular Ms Janet Gaynor who retired from the Board this year for her long and dedicated service to the Board and the work of the Alcohol Forum.

As a national charity we recognise the need for our work to be expert proofed and evidenced based and in 2019 and beyond we will continue to build on existing work in this area. Access to resources is limited and therefore we must make maximum impact in terms of reach and penetration and we will continue to build effective collaborations with Government, statutory and non-statutory agencies, community and other like- minded organisations.

As we await the full implementation of the Public Health Alcohol Bill we in the Forum are conscious that to achieve our mission of an Ireland where every child, family and community is free from the harmful effects of alcohol will require many initiatives on many fronts by many agencies over many years.

All our efforts would not be possible without the support of our funders, volunteers, staff and management and I want to sincerely thank them for their work and dedication throughout the year. I look forward to 2019 and the opportunities it will present for the Alcohol Forum to continue to make a difference in the lives of families living with alcohol and other drug misuse.

1. Introduction

CEO'S STATEMENT - KIERAN DOHERTY



This year has been seen a significant advance in the core work of the Alcohol Forum in supporting families. The development of a partnership with Tusla in Sligo /Leitrim to deliver the Moving Parents and Children Together Programme (M-pact) there has been a major step forward in bringing this evidence based whole family programme to the area. Ten facilitators have been recruited and trained and a wide ranging information and awareness programme developed and we look forward to working with Tusla and other services to deliver the M-pact programme to families in 2019.

Parents and youth workers have a very important role to play in supporting young people to avoid, delay and minimise alcohol use as they get older, and following a consultation with parents and youth workers we saw the development of a resource “ Alcohol and the Adolescent Brain “ a guide for parents and youth workers, a very valuable resource in helping guide them in their conversations with young people about alcohol.

We continue to support families impacted by alcohol harm through our whole family programmes, Strengthening Families and M-Pact, and this year has also seen the development of our youth service supported by the International Fund for Ireland. The Donegal Reach project works on an individual and group basis with young people living with parental alcohol or other drug misuse through a dedicated youth worker programme.

Alcohol related Brain injury service continues to provide the only dedicated service of it nature in Ireland and 2018 has seen the Forum provide training to professionals and alcohol workers across the island of Ireland. Our work at a national level continues to support the ICANN network displaying major benefits across the country with an increased focus on Alcohol harm at a community level.

We continue to work to develop other areas of our work and build on the governance framework of the charity to ensure that we meet all our regulatory requirement .

In conclusion I want to particular thank our supporters, volunteers and staff who have helped and supported our work throughout the year, I want ot thank our Board for their continued commitment and guidance and finally I want to thanks all our funders without whom we would not be able to deliver the breath and scale of the work we do.



2. Who We Are

THE ALCOHOL FORUM

The Alcohol Forum is a charity that provides support, information and services to individuals, families and communities impacted by alcohol harm, while working at the wider levels to change Ireland's problematic relationship with alcohol.



OUR VISION

An Ireland where every child, family and community is free from the harmful effects of alcohol.



OUR MISSION

To create and inspire change by working with individuals, families and communities to prevent and reduce the harm caused by alcohol.

FIVE CORE VALUES

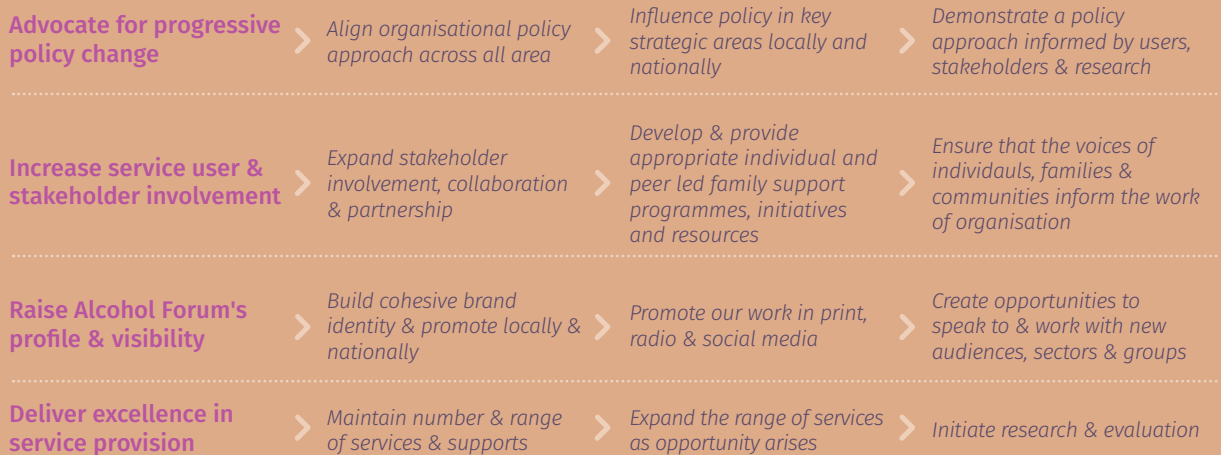
- 1.** Collaboration. Change is possible by listening to and working with families, communities and other organisations to achieve our aims.
- 2.** Excellence & Evidence. Our work is shaped by evidence, experience and the needs of those we work with. We strive for excellence across all area of work and are committed to sharing our expertise, leading by example and empowering others to make positive change.
- 3.** Respect & Empathy. We respect and value the experiences, ideas and strengths that each person brings and place the needs of children, families and communities that we work with at the centre of what we do.
- 4.** Independence & Sustainability. Valuing sustainability and independence drive our work and we are committed to having the strength and commitment to do the right thing free from undue influence or pressure.
- 5.** Accountability. We are committed to good governance and integrity and demonstrate this with the people we work with, our volunteers, our partners and those who support us.

To achieve real and meaningful change in Ireland’s harmful relationship with alcohol, five strategic areas of work have been agreed which will guide and inspire the direction of our work over the next five years.

- 1.** To promote prevention, facilitate participation and support children and families impacted by alcohol harm
- 2.** To promote recognition of and rehabilitation of Alcohol Related Brain Injury in Ireland and to achieve better outcomes for individuals and families impacted by ARBI
- 3.** To provide alcohol related evidence-based training, education, supports & services to a broad range of stakeholders
- 4.** To support the ongoing development and expansion of community action on alcohol in Ireland as an effective mechanism for reducing alcohol harm.
- 5.** To provide progressive leadership, effective management and sustainability to the organization to enable, support and expand the work of the Alcohol Forum

CROSS CUTTING PERFORMANCE AREAS

To increase the positive impact that we make on the lives of the individuals, families and communities that we work with, work under each of the key strategic aims will focus on achieving change in four key performance areas. These will be measured and reported on across all programme areas on an ongoing basis. Key to the success of the organization in this new phase of the work will be joint working across teams in these key performance areas.



A group of people, seen from behind, are standing in a lush green field under a bright blue sky with light clouds. They are all making heart shapes with their hands, symbolizing support and love. The scene is bathed in warm, golden light, suggesting late afternoon or early morning. The overall mood is positive and hopeful.

Supporting Children and Families

3. Supporting Children and Families

Our core aim in the work with children and families is to promote prevention, facilitate participation and support children and families impacted by alcohol harm.

The Alcohol Forum was set up in the North West in response to concern about the numbers of children being admitted into care as a result of alcohol misuse in the family. We remain committed to the vision that children have the right to grow up free from alcohol harm including exposure to alcohol advertising. We know working with families can be some of the most challenging and at the same time rewarding work you can do.

Families living with alcohol or other drug misuse can be particularly destructive and disruptive in childrens lives. It is estimated that there are over 250,000 children in Ireland living with parents who are regular risky drinkers, as part of our work we deliver a number of programmes for families and young people,

STRENGTHENING FAMILIES

Our Strengthening Families Programme, is a whole family programme that bring benefits to families who may be struggling with life's challenges we provided four 14 week programmes to 36 parents and 44 children this year in Donegal and would like to see this programme being offered more widely in the North West, We trained 9 new facilitators over two days earlier this year and they are critical to supporting the families who attend the programme.



3. Supporting Children and Families

M-PACT

Our M-Pact programme Moving Parents and Children Together, is a whole family programme that supports families to work together to understand how parental alcohol misuse has affected their lives and allows children to talk about their feelings and experiences with their parents in a safe environment. We delivered a programme to 6 families in Donegal and continue to seek funding to support the delivery of this programme on an ongoing basis.



In Sligo /Leirim we are delighted to have developed an new partnership with Tusla who have provided funding to train facilitators and deliver programmes each year. We look forward to working with Tusla and other services in Sligo /Leirim to deliver these programmes in 2019.

REACH PROJECT

The Alcohol Forum is delighted to secure funding from the International Fund for Ireland to establish the Donegal Reach Project. Our new youth worker to run this two year pilot project working with up to 12 teenagers affected by parental alcohol & other drug use. The overall aim is to build up young people's self-esteem, promote positive relationships, help them to become more resilient & improve their future prospects. This is a very exciting project and provides a much needed follow on for young people who have attended our other family programmes.



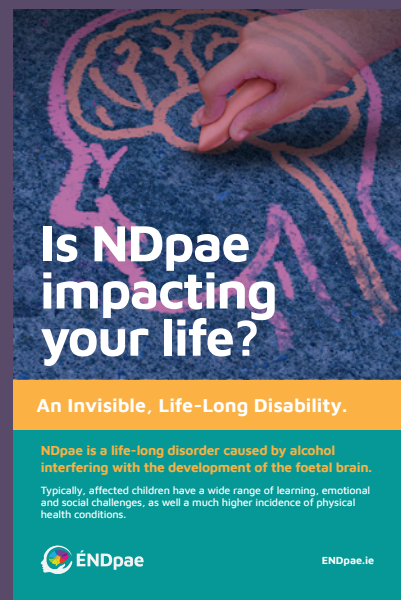
3. Supporting Children and Families

ADDICTION FAMILY SUPPORT GROUP

Family Support is an approach to working with families which focuses on prevention and builds on the strengths of family members. Drug and alcohol misuse have a considerable impact on families; causing distress, anxiety and threatening the wellbeing of family members. Families can often feel very isolated and alone. A big challenge can be knowing where to turn and finding out what support is available. The Donegal Addiction Family support service a partnership with the HSE addiction services which offers free confidential support for people who have a family member struggling with an addiction to alcohol, other drugs and gambling. The group meets twice monthly in an environment where people share and learn for the experience within the group.

ENDPAE ALLIANCE

During 2018 we supported the establishment and launch of the ENDpae alliance a family support group for parents and children affected by prenatal alcohol exposure. This parent led group started in Donegal and now has over 60 families members across the island of Ireland . NDpae is a broad term that describes a number of brain conditions arising from a range of diverse causes, if the injury to the foetus is from alcohol, it is referred to NDpae which stands for prenatal alcohol exposure. This neurodevelopment disorder is also known as Foetal Alcohol Spectrum Disorder (FASD). The alliance is dedicated to supporting people affected by NDpae and their families, while also providing, education for professionals, and raising public awareness of the condition.



3. Supporting Children and Families

ALCOHOL AND THE ADOLESCENT BRAIN

The Alcohol Forum continues to recognise that one of the most challenging issues facing young people and parents alike is alcohol use. Parents and youth workers have a very important role to play in supporting young people to avoid, delay and minimize alcohol use as they pass through adolescence. Throughout 2018, we have continued to engage with young people, youth services and our local communities to develop resources and run events to challenge the normalisation of youth alcohol use.



A GUIDE FOR PARENTS AND YOUTH WORKERS

Advances in neuroscience have continued to show us that during the teenage years, the brain is undergoing some remarkable changes to prepare a young person for approaching adulthood. For health and brain development reasons, recent research suggests that young people under 18 years of age should avoid alcohol. This guide was developed with the support of Healthy Ireland and Donegal County Council in conjunction with youth services, young people and parents alike to provide all the necessary information to begin deciding the best approach to take to address youth alcohol use. It explores brain development during the teenage years and the impact that alcohol use can have. It provides information and tips for parents and youth workers to help guide their interactions on the issue of alcohol.





Responding to Alcohol Related Brain Injury

4. Responding to Alcohol Related Brain Injury

Strategic Aim 2: To promote recognition and rehabilitation of ARBI in Ireland and to achieve better outcomes for individuals and families impacted by ARBI

We have continued to lead out on our case coordination approach and service for those individuals who have received a diagnosis or presumptive diagnosis of Alcohol Related Brain Injury in County Donegal. In 2018, we continued to receive referrals from a wide range of local agencies for support and input from this condition primarily from hospital and primary care providers and provided individual support and screening to 16 people affected by this condition in Donegal.

We acknowledge that when symptoms of Alcohol-Related Brain Injury go unrecognized, they act as a very real barrier to recovery. This year we continued to support the capacity of residential treatment centers and acute hospitals to identify and respond to Alcohol Related Brain Injury.

We worked with the beautiful Ruthland Centre, one of Irelands leading residential programmes to facilitate their efforts to identify this condition at an earlier stage. Training focused facilitating their core therapeutic team increase their understanding of early markers of Alcohol-Related Brain Injury and adapting treatment therapies to meet the needs of those with cognitive impairment.

We provided a half day training session for nursing and medical staff at Cavan General Hospital on the 21st November in order to supplement their recently developed Guidelines for the management of alcohol withdrawal.



4. Responding to Alcohol Related Brain Injury

We were delighted to present at the annual Irish College of General Practitioners Conference this year and to feature in the session Tips and Tools for Managing Alcohol Problems in your Practice. The session provided a comprehensive look at the wide range of problems caused by alcohol and debated and discussed practice based solutions.

The timely identification of Alcohol-Related Brain Injury at its earliest stage and implementation of recommended guidelines for detoxification were highlighted as key priorities for General Practitioners in wider efforts to reduce the burden of disability associated with Alcohol-Related Brain Injury.

We met with Senator John Dolan in Leinster House on the 18th of September to highlight in service inequities that exist for ARBI and to request support for the establishment of a national working group on Alcohol-Related Brain Injury. John Dolan is an Irish Independent politician who has served as a Senator for the Administrative Panel since April 2016 and has been at the forefront of many innovative developments in the fight for inclusion for people with disabilities. Our proposal around a national working group is to ensure leadership for the strategic decisions about the clinical configuration of ARBI pathways in Ireland and to provide a forum for greater co-ordination and integration between service areas in relation to ARBI.

—
IMAGINE
EVERY
THING
—

Education & Training

5. Education & Training

Strategic Aim 3: To provide evidence-based training and education supports and services to a broad range of stakeholders

We continue to provide a broad range of training and development opportunities , to professionals, community and voluntary sector and members of the the community some examples of training and education events undertaken this year include

TRAINING FOR PROFESSIONALS: ALCOHOL RELATED BRAIN INJURY

We were delighted to be invited to by Meath partnership to provide training to over 60 professionals working across Meath to address and support Alcohol-Related Brain in within their ongoing work with homelessness and addiction.

We also provided Alcohol-Related Brain Injury Advanced Skills Training the Leonard Cheshire Senior Management Team in Omagh and Belfast as part of their service development and new specialist residential facility in Belfast.



Great training – see this issue regularly and feel more able now to respond.

5. Education & Training

STUDENT PLACEMENTS

David Friel and Aine Hanlon joined the Alcohol Forum for 12 weeks as part of the Health and Social Care studies with Letterkenny Institute of Technology. Aine worked on our Alcohol-Related Brain Injuries programme assisting in delivering supports to this client group.



INFORMATION FOR PARENTS

We recognize that all parents want their children to have healthy attitudes towards alcohol and other drugs. The earlier you start talking with your child about alcohol and other drug use, the greater chances are that you will have a positive influence in this area. We know that young people who begin drinking before age 14 are 4 times more likely to develop alcohol dependence during their lifetime than those who begin drinking at age 21. Research tells us that young people look to their parents for advice about drugs and alcohol and really value their parents point of view.

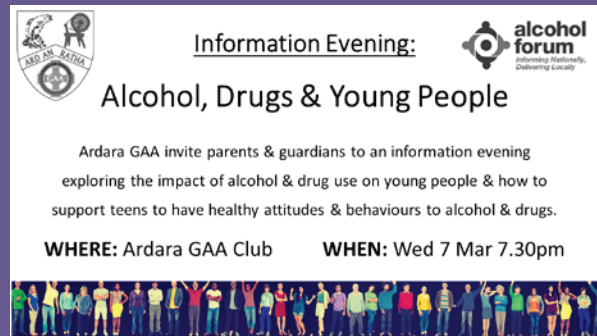
A number of school induction nights were commenced in 2018 in a joint partnership between the Alcohol Forum and Directors of Education Centres in Donegal, Sligo, Leitrim, Cavan and Monaghan. These information sessions are provided as part of school induction nights for parents of first year students in secondary schools across Donegal, Sligo, Leitrim, Cavan and Monaghan. They highlight the important role of parents in supporting young people delay the onset of alcohol use as they negotiate the transition from national to secondary school. Over 40 parents attended our evening in Monaghan.

5. Education & Training

COLLABORATION WITH THE GAA

We also worked with Ardara GAA club to run an information evening for parents and club members on the impact of alcohol and other drugs on youth development and provided guidance on effectively challenging this issue both at home and as part of sports participation. The session included an overview of Alcohol and Drug Types and Effects by Ciara Doyle, Youth Drug and Alcohol Worker and Alcohol and the Developing adolescent Brain by Helen McMonagle, ARBI Rehabilitation Coordinator.

Further to this, we have worked in partnership with Donegal Local Development CHG (DLDC) to deliver a parents evening in Killybegs addressing their concerns around young people and alcohol.



5. Education & Training

ALCOHOL AND THE RIGHTS OF THE CHILD

A highly successful seminar on Alcohol and the Rights of the Child: Realising rights and responsibilities was organised in Letterkenny which has attended by 130 people from a diverse range of backgrounds. This seminar has had, to date, a range of positive outcomes including an academic collaboration with the LYIT that has led to the development of new certificate and diploma programmes in the areas of Children’s Rights and the Law and Alcohol Licensing. Other outcomes have included collaborations through which the Alcohol Forum has designed and delivered bespoke training for front line family support workers in Springboard, Lifestart and ParentStop, designed to build their capacity to identify, screen for and respond to alcohol and other substance misuse in the context of their work.



5. Education & Training

PUBLICATIONS, SEMINARS/WORKSHOPS & TRAINING

Publications

We have published in 2018:

- “Alcohol and the adolescent Brain” booklet.
- Information leaflets resources on M-Pact , SFP, Low Risk drinking guidelines , Streetwise and Alcohol Global Justice and Sustainability.

We have also through CAAP published.

- A Community guide on Alcohol Licencing in Ireland and
- Supporting Healthy mothers and Babies Communities and FASD.

Seminars/workshops

- Alcohol and the sustainable goals .
- Alcohol and the rights of the Child.
- Alcohol and FASD.
- Reducing Alcohol Harm the Power and potential of Communities.
- Workshops for parents and youth workers.
-

Training provided

- Saor training
- Caap training for community and Vol groups.
- Streetwise training.
- ARBI training.
- Teacher training.



**Empowering
Communities**

6. Empowering Communities

Strategic Aim 4: To support the ongoing development and expansion of community action on alcohol in Ireland as an effective mechanism for reducing alcohol harm.

The WHO's Global Alcohol Strategy identifies 'community action' as one of ten interventions that should be adopted by governments to prevent and reduce alcohol related harms. June 2017 represented an important milestone in the development of community action on alcohol in Ireland with the inclusion of community action in the new National Drugs Strategy 'Reducing Harm, Supporting Recovery', something which the Alcohol Forum had campaigned for over many years. The Alcohol Forum is the lead organization promoting and supporting the development of community action on alcohol across Ireland.

THE IRISH COMMUNITY ACTION ON ALCOHOL NETWORK

The Irish Community Action on Alcohol Network which is convened and supported by the Alcohol Forum was launched by Minister Catherine Byrne in 2017, emerged in 2018 as an important stakeholder in identifying and responding to alcohol harm in Ireland.

The network which met on various occasions in 2018 & works at a number of different levels, including:

- Promotion of an evidence-based approach to community action on alcohol
- Enabling the sharing of best practice and providing a space for challenges and barriers to be discussed in a positive shared learning environment
- Advocating for and advancing the current allocation of resources to support community action on alcohol
- Acting as a learning resource between members and facilitating the exchange and development of knowledge, values and skills in the areas of community action on alcohol
- Acting as a space for members to form collective positions on issues of common concern and support collective action on these issues
- Development of a number of shared outcomes, thereby enabling / supporting the demonstration of positive outcomes at a national level as the approach expands to other areas



6. Empowering Communities

THE IRISH COMMUNITY ACTION ON ALCOHOL NETWORK

The Community Action on Alcohol Programme has successfully placed alcohol licensing on the agenda of policy makers here in Ireland. In 2018, we continued to lead in this area of work through strengthening partnerships with PILA and the Letterkenny Institute of Technology. The Licensing Sub-Group of ICAAN continued to meet in 2018, both through face to face meetings and by teleconference.

Across communities engaged with community action, concern was expressed about the widespread availability of alcohol and communities wanted to develop their knowledge of the licensing process to enable them to become more active on the issue.

Following on from our successful Roundtable on Alcohol Licensing which took place in 2017, the project lead prepared and published a report on the Roundtable. This synthesised the key recommendations of the Roundtable discussion and highlighted the limitations of the licensing system to address current and emerging issues around alcohol consumption and harm.



- Completion and publishing of a National document 'Report on the Proceedings of the National Roundtable on Alcohol Licensing' by project lead
- Organisation of report launch by Ireland's Special Rapporteur on Child Protection, Dr Geoffrey Shannon. Event hosted by Fingal County Council, opened by Mayor of Fingal and attended by over 50 people.
- Media coverage in National media included front page of Irish Times, Sean O'Rourke show on RTE Radio 1, FM 104 and in the north west there were radio interviews on Ocean FM and Highland Radio.
- Three teleconferences and one face to face meeting of the conference organising sub group
- Ongoing support to the Alcohol Licensing Sub group

6. Empowering Communities

- 'Next steps' report prepared by project lead
- Liaison with a third level institution and a legal expert to begin work on the development of a third level certificate in Alcohol Licensing
- Dissemination of the Round Table report to a range of stakeholders including local government officials throughout Ireland.
- Organisation of training on Alcohol Licensing with a barrister in both Sligo and Letterkenny.

RESOURCES TO SUPPORT & PROMOTE COMMUNITY ACTION

Community action on alcohol as an approach it is relatively new in Ireland and therefore learning from other international settings and developing a range of resources to support and promote the work here was an important area in 2018. The project lead was involved in developing a number of resources to support the work, which included the following:

- Mobilising Communities Video (short promotional video and community action, shown at Alcohol Forum's Irish American conference in November 2017)
- New pro -bono partnership developed with Public Interest Law Alliance to support development of a Responsible Server of Alcohol training manual
- Proceedings of the Roundtable on Alcohol Licensing Report completed and due for
- ICAAN 'Know your measure' cups distributed across sites.
- Promotion of www.askaboutalcohol.ie through project sites
- Plans for a booklet on 'Emerging good practice' which will be developed in Qtr 4 with a view to publishing early in 2019. Template developed and distributed to all groups.
- Promotional video on CAAP completed with participation from six areas. Video formed part of presentation to British Irish Council in Feb 2018.
- 500 copies of 'Supporting Healthy Mothers and Babies: Communities and FASD' published. Disseminated through ICAAN network, at NWRDATF seminar and to all 24 Local and Regional DATF's. Reviewed by Alcohol and Pregnancy Sub Group of ICAAN and by Dr Mary O'Mahony
- Development of Postcard from Recovery Project. Alcohol and the Family was the theme for European Awareness Week on Alcohol Related Harm 2018. This postcard project's key message was

6. Empowering Communities

that recovery is possible. ICAAN members submitted positive testimonials from clients they work with, illustrating the positive impact of recovery on families and communities. 1000 postcards were produced and each locally based community action on alcohol site circulated these to elected representatives and other relevant stakeholders in their area.

- These were also distributed at the Conference which was held during awareness week.

SUPPORTING ONGOING DEVELOPMENT & EXPANSION OF COMMUNITY ACTION

In 2018, this support has continued to include individual support for CAAP leads in different areas, support for groups organising events, reviewing work and facilitating events in a number of different areas.

Continued support for Community Action on Alcohol across the North West has included participation by the project lead at a number of meetings of both the Sligo City Alcohol Strategy group and the steering group for community action on alcohol in Letterkenny, CAAP LK.



- CAAP established in 20 geographically based communities throughout Ireland and ongoing support in place.
- Visits to Youghal, Cork and Listowel for a series of meetings and events.
- Joint workshop between North East and Letterkenny groups organised.
- Community Action on Alcohol continues to expand to new areas despite lack of funding available through the National Drug and Alcohol Strategy. Work underway in Manooth and Donabate Portrane.
- Planning session with Canal Communities Local DATF
- Joint planning with Listowel Community Action for two events in April; schools debate



6. Empowering Communities

with over 200 young people with Alcohol Forum delivering a presentation after the debate, and an evening event with Minister Byrne and Olympic Boxer Kenny Egan at which we again delivered a presentation.

- Joint planning with Youghal Community Action for an event on the role of parents in delaying and reducing alcohol consumption in their families. Involved presentation by Alcohol Forum.
- Alcohol Forum facilitated Roundtable on Alcohol Harm in Donabate Portrane for North Dublin Community Alcohol Forum with a view to establishing community action on alcohol there.
- Introductory meetings with two new co-ordinators appointed in two project areas; Dublin 12 and Canal Communities.
- Support for Southern Regional Drug and Alcohol Task Force in reviewing the delivery of their 2 year plans and supporting development of next phase of development, commencing in 2019. Work included teleconference with Southern Alcohol Strategy Group.
- Joint working with North Eastern RDATF around the expansion of the safer socialising work with Gardai to Donegal and possibly other areas in the North West. This has included 2 workshops and ongoing liaison.
- Work with North Dublin Regional DATF on the Development of a suite of resources for the Safer Alcohol Mark Initiative (SAM). This has included a number of meetings with the project steering group in North Dublin.

SDG: IRISH LAUNCH OF SAFER INITIATIVE

'Alcohol and the Sustainable Development Goals' Seminar organised in partnership with IOGT International and the United Nations Development Programme (UNDP). Successful seminar with almost 40 in attendance, however, poor engagement from the overseas aid and development sector.

- Bilateral meetings organised between UNDP Health Policy Specialist and the Department of Health and the Department of Foreign Affairs (Irish Aid division)
- New Pro Bono partnership formed with PILA for development of a training manual on Responsible Server of Alcohol.
- Review of Community Action on Alcohol underway (50 question survey sent to all Community Action on Alcohol Sites in Ireland)
- Work focused on the organisation of the national conference in Qtr 4 and supporting groups to give inputs, to participate and to prepare and submit presentations on their work.

6. Empowering Communities

ALCOHOL & PREGNANCY

Meeting of Alcohol and Pregnancy Sub-Group with HSE alcohol programme.

- Work of CAAP and ICAAN delivered as a presentation to the British Irish Council Substance Misuse Sectoral Working group in Feb 2018, attended by representatives of five BIC countries.
- ICAAN meetings in Dublin (x2), with presentation by Lobbying Regulations Unit from SIPO at one of these meetings.
- Joint seminar organised on FASD in March attended by over 130 people. CAAP lead and Chair of NWRDATF contributed to the seminar.
- Alcohol and Pregnancy Sub Group – CAAP Lead is working with FASD Alliance Ireland on a survey of families impacted by prenatal alcohol exposure. Report will be considered by Alcohol and Pregnancy Sub- Group of ICAAN in Qtr 3.

ICAAN MEETINGS

- Two meetings of ICAAN took place in Qtr 3, with one in Cork and one in Dublin. Lead responsible for convening meeting, chairing, minutes and agenda.
- Organised a presentation by National Alcohol Programme to ICAAN organised and delivered by Marion Rackard
- Presentation to ICAAN on the Public Health Alcohol Bill organised and delivered by Senator Frances Black
- Meeting with IOGT, UNDP and ICAAN took place with 18 in attendance.
- ICAAN logo designed and plan to launch it at conference in Qtr 4

CONFERENCE ORGANISING SUB GROUP

'Reducing National Cross Border conference on community action on alcohol took place on November 22nd with 115 delegates.'

- The Conference organizing group comprised representatives of ICAAN (North East, North Dublin, Cork City, Ballymun and the Alcohol Forum) together with a representative of the IPH.

6. Empowering Communities

- Delegates included people from a diverse range of communities, organisations and agencies North and South.
- Conference proceedings included an Irish launch of the new WHO led global initiative to reduce alcohol harm, SAFER.
- Alcohol Harm: The Power and Potential of Communities' is an All Island Conference being led by the project lead which will take place in Dundalk on November 22nd.
- Project partners included ICAAN, the Institute of Public Health in Ireland and the Northern Ireland Drug and Alcohol Network (NIDAN).
- This was the first all-Ireland conference on community action on alcohol and involved speakers from the WHO, IOGT international and Alcohol Concern Wales.

EVENT INVITE

icaan
Irish Community Action on Alcohol Network
Supported by Alcohol Forum

**Reducing Alcohol Harm:
The Power and Potential of Communities.**

November 22nd 2018, Carnbeg Hotel, Dundalk

ICAAN (The Irish Community Action on Alcohol Network, supported by the Alcohol Forum) and the Institute of Public Health are the organisers of the first North South Conference on community action on alcohol.

Grass roots activists and locally based services committed to reducing alcohol harm in their communities both North and South will present on their work. They will be joined by an exciting line up of speakers including Senator Frances Black (Chair of Joint Oireachtas Committee on Alcohol), Andrew Misell (CEO of Alcohol Concern, Wales), Maik Dunneir (Director of Strategy and Advocacy, IOGT International), Dr Gillian Shorter (University of Ulster) and Ruairi McKiernan (social entrepreneur and campaigner)

A SAFER world, free from Alcohol Harm

We are also delighted to announce that the event will include an Irish launch of the new WHO led global initiative on reducing alcohol harm, SAFER. Maik Dunneir was one of the founder members, representing civil society organisations on this global initiative will travel from Stockholm and will launch the initiative on the day.

We are expecting around 150-200 delegates, so book early to ensure a place. Further details of other speakers will be confirmed shortly.

In keeping with the community development principle of participation; this one day conference will involve a mix of presentations, plenary discussions, workshops and an interactive poster presentation session where locally based initiatives will showcase their work.

For more info:
paula@alcoholforum.org

alcohol forum
Ireland

IPH HE

Project lead attended a meeting with former presidents of Euronet in Dublin Castle to share information and promote the work of ICAAN and community action on alcohol.

Meeting convened by DPU in DOH of the CAAP steering group in November and the future roll out of the programme and the central training was discussed there. Plans being developed for further roll out in 2019.

6. Empowering Communities

RESEARCH

Comprehensive national review of work complete with community action on alcohol sites. Designed and implemented by project lead and based on Babor's table of effective measures.

- Report produced.
- Research sub group established with membership from two Universities and the LYIT in Letterkenny.

7. Leadership, Management & Sustainability

BOARD MEETINGS

Board meeting during the year	7
The Audit committee meetings during the year	4
The HR committee meetings during the year	1

RESEARCH AND EVALUATION

Commissioned a review of the SFP programme in Donegal since the programme commenced.

8. Organisational Structure

ALCOHOL FORUM

Board of Directors

Pat Harvey, Chairman
Shauna mc Clenaghan, Secretary
Paul Stewart, Treasurer
Mary Hough
Lorraine Thompson
Billy Bennett
Anne Burke
Janet Gaynor (retired 29th June)

Advisors to the Board

Eamon O Kane
Supt. Micheal Finan

CEO

Kieran Doherty

Office

Unit B9,
Enterprise Fund Business Centre,
Ballyraine,
Letterkenny,
Co.Donegal.

Committees

Audit and Risk Committee
HR committee

Auditors

John Burke & Company
Curraghmone,
Ballybofey,
Co. Donegal.

Solicitors

Mc Mullin and Son
Donegal St.,
Ballybofey,
Co. Donegal.

The Alcohol Forum act
as fiscal agent for Jigsaw
Donegal and employs 6 staff
who work in Jigsaw on behalf
of the HSE and Headstrong.

9. Financial Summary Report

NORTH WEST ALCOHOL FORUM CLG - 2018

Activities for:	Alcohol Forum	Jigsaw	Total
2018 Funding	€600,266.00	€362,704.00	€962,970.00

Project & Operating Costs:	Alcohol Forum	Jigsaw	Total
Charitable Activities	€495,030.00	€292,208.00	€787,238.00
Fundraising Costs	€1,476.00	€0.00	€1,476.00
Governance Costs	€14,766.00	€1,904.00	€16,670.00
Other Operating Overheads	€97,200.00	€66,188.00	€163,388.00
Total Project & operating costs:	€608,472.00	€296,396.00	€968,771.00

Analysis of Funding:	Alcohol Forum	Jigsaw	Total
Grants	€560,558.00	€338,047.00	€898,605.00
Corporate Sponsorship	€1,118.11	€0.00	€1,118.11
Donations	€3,636.72	€24,656.93	€28,293.65
Other Income	€34,953.24	€0.00	€34,953.24
2018 Analysis of Total Funding:	€109,631.73	€295,043.00	€962,970.00

Cash at Bank and in hand:	Alcohol Forum	Jigsaw	Total
	€109,631.73	€107,795.27	€217,427.00

Our full audited accounts for 2016 are available on www.alcoholforum.org



Address**Alcohol Forum**

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W: www.alcoholforum.org

Registered Charity Number (RCN): 20067120